



Neemi Taylor is an accomplished Yoga Alliance RYT 500 certified Yoga Instructor and AADP Board Certified Holistic Health Practitioner. She has also received specialized training from the Veterans Yoga Project in Mindful Resilience for Trauma Recovery for PTS(D).

Neemi completed her Yoga Teachers Training at The American Yoga Academy in Summit, New Jersey, under the guidance of International Yoga Therapist Claire Diab. Additionally, she holds certifications as a Womb Yoga Dance Practitioner by Master Teacher Queen Afua and in the Art of Vaginal Steaming and Feminine Health and Wellness, under the mentorship of Tracey Bryant Swint.

Driven by her passion for movement, Neemi became a certified Animal Flow Instructor, specializing in quadrupedal movement. Currently, she is pursuing the studies of Vedic Thai Yoga under Mukti Michael Buck.

Her commitment to integrate healing practices on a mind-body-soul level has led her to explore therapeutic yoga, meditation, reiki, womb wellness, and more. Neemi's vibrant spirit and ability to inspire and uplift others have positively impacted local community organizations and numerous individuals, guiding them towards a more peaceful, whole, and sacred lifestyle.

Neemi serves as the Founder & Wellness Director of Arista Yoga Wellness Suite, a MWBE certified business located on 75 E. Cherry Street in the heart of Rahway. Specializing in Women's Health, Youth & Adult Wellness Programs, the suite also offers a new, improved, and innovative Virtual Corporate Employee Wellness Program for large companies and organizations.

In addition, Neemi serves as a Trustee with The Rahway Chamber of Commerce and has been honored as a Business Leader within the prestigious Health and Wellness Company, Olbali.

She is also the proud visionary founder of Womb Magick and Chase Getaways LLC.